



**III. What three things from this conference did you find most useful?**

1. _____
2. _____
3. _____

**IV. What three things are you going to increase or start doing after hearing today's conference?**

1. _____
2. _____
3. _____

**V. What three things are you going to decrease or quit doing after hearing today's conference?**

1. _____
2. _____
3. _____

**VI. Any comments, notes, or suggestions related to this or future conferences:**

1. _____
2. _____
3. _____

